



BEYOND EXCHANGE: College Admissions and Financial Assistance for YFU Alumni

Dear YFU Alumni:

Welcome to Beyond Exchange! As an alumni of a YFU exchange, you are part of an elite group of young adults with the courage and vision to live and study abroad. When you prepared for your exchange, you may not have realized the many changes that decision would set in motion. Even now, as a recent returnee, you are probably just beginning to appreciate the impact of the YFU experience on your understanding of yourself, the world and in relation to your educational and professional goals.

Your choice of a college or university is another life decision that will have a profound and lasting impact. The priorities you now bring to this choice may be very different than they were before going overseas. Opportunities to continue foreign language study, college-level exchange offerings, and strong, internationally focused fields of study are just a few of the features that may now top your list of criteria as you evaluate various college programs. Paying for ever-escalating college tuition, whether through financial aid or scholarships, is surely a concern. Beyond Exchange was created to assist you and your parents in selecting the college or university that will be right for you.

Included in Beyond Exchange are more than 100 colleges and universities that offer preference in admission, financial assistance or both to YFU alumni. The list includes colleges in nearly every state and many of our nation's most prestigious institutions. Why do college presidents and deans of admissions offer this opportunity to YFU alumni? Because YFU students have demonstrated that they are the kind of young people that enhance their college communities—students with curious and open minds, students eager to take personal, emotional, and intellectual risks to learn and grow.

I hope you will find the information in Beyond Exchange helpful. As a YFU alumni you are now a permanent member of the YFU family and, like any family, we take great pride in your success. We encourage you to stay in touch and to let us know where your studies take you in the months and years ahead.

Warmly,

Brian Wiehr
Senior Director of Study Abroad

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1.800.TEENAGE | YFUUSA.ORG | APPLY TODAY!



Recognizing the importance of an international educational exchange, 18 out of the top 25 universities in the country encourage applications from YFU alumni. While these universities base all financial assistance only on students' demonstrated financial need, they encourage applications from YFU alumni and rate the YFU exchange as an advantage when the student can articulate the value of this experience in his or her application.

* Obtained from the U.S. News and World Report listing of 2011 America's Best Colleges.

<p>Brown University James Miller Admission Director 45 Prospect Street Box 1876 Providence, RI 02912 (401) 863-2378 www.brown.edu</p>	<p>Duke University Dean of Admissions Christoph Guttentag 2138 Campus Drive Box 90586 Durham, NC 27708 (919) 684-3214 www.duke.edu</p>	<p>Johns Hopkins University John Latting Dean of Admissions Mason Hall 3400 N. Charles Street Baltimore, MD 21218 (410) 516-8171 www.jhu.edu</p>	<p>Rice University Melissa Blakeslee Executive Director of Admissions Admission Office-MS 17 P.O. Box 1892 Houston, TX 77251 (713) 348-7423 www.rice.edu</p>	<p>Washington University in St. Louis Julie Shimabukuro Director of Admissions Campus Box 1089 One Brookings Drive St. Louis, Missouri 63130 (800) 638-0700 www.wustl.edu</p>
<p>Carnegie Mellon University Michael Steidel Director of Admission Warner Hall 5000 Forbes Avenue Pittsburgh, PA 15213 (412) 268-2082 www.cmu.edu</p>	<p>Emory University Jean Jordan Dean of Admission 1390 Oxford Road NE Atlanta, Georgia 30322 (404) 727-6036 www.emory.edu</p>	<p>Massachusetts Institute of Technology Stuart Schmill Director of Admissions 77 Massachusetts Avenue Cambridge, MA 02139 (617) 253-1000 www.mit.edu</p>	<p>Stanford University Shawn L. Abbott Director of Admission Montag Hall 355 Galvez Street Stanford, CA 94305 (650) 723-2091 www.stanford.edu</p>	<p>Yale University Margit Dahl Admission Director 38 Hillhouse Avenue New Haven, CT 06511 (203) 432-9300 www.yale.edu</p>
<p>Columbia University Robert Furno Assistant Dean of Admissions 212 Hamilton Hall Mail Code 2807 1130 Amsterdam Avenue New York, NY 10027 (212) 854-3393 www.columbia.edu</p>	<p>Georgetown University Tamatha T Robinson Director of Admissions Room 103 White Gravenor Hall 37th and O Streets, NW Washington, D.C. 20057 (202) 687-3600 www.georgetown.edu</p>	<p>Northwestern University Christopher Watson Dean of Undergraduate Admissions 633 Clark Street Evanston, IL 60208 (847) 491-3741 www.northwestern.edu</p>	<p>University of Notre Dame Donald C. Bishop Associate Vice President for Undergraduate Enrollment 220 Main Building Notre Dame, IN 46556 (574) 631-7505 www.nd.edu</p>	
<p>Dartmouth College Maria Laskaris Admission Director 6016 McNitt Hall Hanover, NH 03755 (603) 646-1111 www.dartmouth.edu</p>	<p>Harvard University Marlyn E. McGrath Director of Admissions Harvard College 86 Brattle Street Cambridge, MA 02138 (617) 495-1551 www.harvard.edu</p>	<p>Princeton University Janet Lavin Rapelye Director of Admissions 110 West College P.O. Box 430 Princeton, NJ 08542 (609) 258-3060 www.princeton.edu</p>	<p>University of Pennsylvania Eric Furda Admissions Director 3451 Walnut Street Philadelphia, PA 19104 (215) 898-5000 www.upenn.edu</p>	

The following colleges and universities (listed in alphabetical order by state) offer scholarship support, preference in admission, or both to YFU alumni. Please refer to the key below for information about each university.

<p>ALASKA Alaska Pacific University Jennifer Jensen Director of Admissions 4101 University Drive Anchorage, AK 99508 (800) 252-7528 www.alaskapacific.edu</p>		<p>ARIZONA University of Arizona John Namez Associate Director of Admissions PO Box 210073 Tucson, Arizona 85721 (602) 827-2277 www.arizona.edu</p>	<p>* √</p>	<p>CALIFORNIA California State University Brandy McLelland Director of Admissions 1000 East Victoria St. Carson, CA 90747 (310) 243-3645 www.csudh.edu</p>		<p>Claremont McKenna College Brandy McLelland Director of Admissions 1000 East Victoria St. Carson, CA 90747 (310) 243-3645 www.csudh.edu</p>	<p>√ ◇</p>
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* Financial assistance is based on students' demonstrated financial need. Applications are encouraged from YFU alumni as universities rate the YFU exchange as an advantage when the value of the experience is articulated in the student's application.

√ Special consideration is given to the exchange experience of qualified YFU alumni for merit scholarships.

◇ Top Liberal Arts Colleges (as rated by U.S. News and World Report 2011)

Please note: YFU USA is not responsible for the scholarship or financial aid selection process of these universities. For additional information, contact the college or university directly.

Monterey Institute of International Studies Jill Stoffers Director of Admissions 460 Pierce Street Monterey, CA 93940 (831) 647-4123	✓ ◇	University of Denver Thomas Willoughby Chancellor of Enrollment 2197 South University Boulevard Denver, CO 80208 (303) 871-2036 www.du.edu	* ✓	Catholic University Christine Mica Dean of Admissions 102 McMahon Hall 620 Michigan Avenue, NE Washington, DC 20064 (202) 319-5305 www.cua.edu	*	GEORGIA Agnes Scott College Alexa Gaeta Dean of Admission 141 East College Avenue Decatur, GA 30030-3797 (404) 471-6285 www.agnesscott.edu	*
Occidental College Sally Richmond Director of Admissions 1600 Campus Road Los Angeles, CA 90041 (323) 259-2700 www.oxy.edu	* ◇	CONNECTICUT Connecticut College Deb Wright Director of Admissions 270 Mohegan Avenue New London, CT, 06320 (860) 439-2200 www.conncoll.edu	* ◇	George Washington University Kathryn Napper Dean of Admissions 2121 I Street NW, Ste 201 Washington, DC 20052 (202) 994-6040 www.gwu.edu	*	HAWAII Hawaii Pacific University Sara J. Sato Director of Admissions 1164 Bishop Street Honolulu, Hawai'i 96813 (808) 544-0200 www.hpu.edu	* ✓
Pitzer College Angel B. Pérez Interim Vice President of Ad- mission and Financial Aid 1050 N Mills Ave Claremont, CA 91711 (909) 621-812 www.pitzer.edu	✓ ◇	Post University Jay E. Murray Director of Admissions 800 Country Club Road PO Box 2540 Waterbury, CT 06723 (203) 596-4520 www.post.edu	*	Howard University Linda Saunders-Hawkins Associate Director of Admissions 2400 Sixth Street NW Washington, DC 20059 (202) 806-2763 www.howard.edu	*	ILLINOIS North Park University Mark Olson Dean of Enrollment 3225 W Foster Ave Chicago IL 60625 (773) 244-5500 www.northpark.edu	*
Pomona College Art Rodriguez Dean of Admissions 333 North College Way Claremont, CA 91711 (909) 621-8134 www.pomona.edu	* ◇	Trinity College Larry Dow Dean of Admissions and Financial Aid 300 Summit Street Hartford, CT 06106 (860) 297-2180 www.trincoll.edu	* ◇	FLORIDA Florida International University Barry Taylor Director University Park Campus Miami, FL 33199 (305) 348-2363 www.fiu.edu	*	Northeastern Illinois University Janice Harring-Hendon Director of Admissions 5500 North St. Louis Ave. Chicago, IL 60625 (773) 442-4000 www.neui.edu	*
Santa Clara University Sandra Hayes Dean of Admissions 500 El Camino Real Santa Clara, CA 95053 (408) 554-4700 www.scu.edu	✓	Wesleyan University Nancy Meislahn Dean of Admission Wesleyan Station Middletown, CT 06459 (860) 685-2000 www.wesleyan.edu	* ◇	Honors College at Florida Atlantic Jeffrey Buller Dean 5353 Parkside Drive Jupiter, FL 33458 (800) 920-8705 www.fau.edu	✓	Roosevelt University Michael Dessimoz Acting University Registrar 430 S. Michigan Avenue Chicago, IL 60605 (312) 341-3500 www.roosevelt.edu	*
COLORADO Colorado College Roberto Garcia Director of Admission 14 East Cache La Poudre Colorado Springs, CO 80903 (719) 389-6344 coloradocollege.edu	✓ ◇	DELAWARE University of Delaware Louis Hirsh Director of Admission 210 South College Ave. Newark, DE 19716 (302) 831-8123 www.udel.edu	* ✓	Rollins College Holly Pohlig Director of Admission 1000 Holt Avenue, Cam- pus Box 2720 Winter Park, FL 32789 (407) 646-2161 www.rollins.edu		INDIANA DePauw University Earl Macam Director of Admission 101 East Seminary Street Greencastle, IN 46135 (765) 658-4006 www.depauw.edu	✓
University of Colorado at Boulder Kevin MacLennan Director of Admissions Regent Administrative Center 125, 552 UCB Boulder, CO 80309 (303) 492-6301 www.colorado.edu	*	DISTRICT OF COLUMBIA American University Kristen Schlicker Associate Director of Admissions 4400 Massachusetts Ave Washington, DC 20016 (202) 885-6000 www.american.edu	*	University of Miami Edward Gillis Director of Admission 132 Ashe Building Box 248025 Coral Gables, FL 33124 (305) 284-4323 www.miami.edu	* ✓	Earlham College Nancy Sinex Director of Admissions 801 National Road West Richmond, IN 47374 (765) 983-1600 www.earlham.edu	*

IOWA Central College Terri Crumley Director of Admission 812 University Street Pella, IA 50219 (641) 628-5286 www.central.edu	* ◇	University of Maine Sharon Oliver Director of Admissions 5713 Chadbourne Hall Orono, ME 04469 (207) 581-1561 www.go.umaine.edu	* ◇	Simmons College Deborah Marlino Interim Dean of Admissions 300 The Fenway Boston, MA 02115 (617) 521-2051 www.simmons.edu	*	College of Saint Benedict Karen M Backes Dean of Admission P.O. Box 2000 Collegetown, MN 56321 (320) 363-2011 www.csbsju.edu	* √
Grinnell College Christopher Allen Dean of Admission 1103 Park Street Grinnell, IA 50112 (641) 269-3600 www.grinnell.edu	√ ◇	MARYLAND St. John's College Susan Hinton Admissions Director P.O. Box 2800 Annapolis, MD 21404 (410) 626-2522 www.stjohnscollege.edu	*	Wellesley College Jennifer Desjarlais Dean of Admissions 106 Central Street Wellesley, MA 02481 (781) 283-2270 www.wellesley.edu	*	Gustavus Adolphus College Lynn Boehne Director of Admissions 800 West College Avenue Saint Peter, MN 56082 (507) 933-7676 www.gustavus.edu	*
Luther College Derek Hartl Director of Admissions 700 College Drive Decorah, Iowa 52101 (800) 458-8437 www.luther.edu	* ◇	St. Mary's College Richard Edgar Director of Admissions 18952 East Fisher Road St. Mary's, MD 20686 (240) 895-5000 www.smcm.edu	* ◇	Williams College Richard Nesbitt Director of Admissions 33 Stetson Court Williamstown, MA 01267 (413) 597-2211 www.williams.edu	*	Macalester College Lorne Robinson Dean of Admissions 1600 Grand Avenue Saint Paul, MN 55105 (651) 696-6000 www.macalester.edu	*
Simpson College Deborah Tierney VP for Enrollment 701 North C Street Indianola, IA 50125 (515) 961-1624 www.simpson.edu	√	Washington College Kevin Coveney VP for Admissions 300 Washington Avenue Chestertown, MD 21620 (410) 778-7700 www.washcoll.edu	* ◇	MICHIGAN Alma College Karen Jezewski Director of Admissions 614 W. Superior Street Alma, MI 48801 (989) 463-7111 www.alma.edu	√	College of St. Catherine Marlene Mohs Dean of Admissions 2004 Randolph Ave. St. Paul, MN 55105 (651) 690-6000 www.stkate.edu	*
KENTUCKY Centre College Bob Nesmith Director of Admission 600 West Walnut Street Danville, KY 40422 (859) 238-5350 www.centre.edu	√ ◇	MASSACHUSETTS Assumption College Mario Silva-Rosa Director of Admissions 500 Salisbury Street Worcester, MA 01609 (866) 477-7776 new.assumption.edu	* √	Kalamazoo College Eric Staab Dean of Admission 1200 Academy Street Kalamazoo, MI 49006 (269) 337-7166 www.kzoo.edu		University of Missouri-Kansas City W.C. Vance Director of Admissions 120 Administrative Center 5115 Oak Street Kansas City, MO 64112 (816) 235-1111 www.umkc.edu	√
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NORTH CAROLINA East Carolina University James G. Peden Dean of Admissions 106 Whichard Building Greenville, NC 27858 (252) 328-6640 www.ecu.edu	* √	Bryn Mawr College Jennifer Rickard Chief Enrollment Officer 101 N. Merion Avenue Bryn Mawr, PA 19010 (610) 526-5152 www.brynmawr.edu	* ◇	VERMONT St. Michael's College Jacqueline Murphy Director of Admissions One Winoosky Park, Box 7 Colchester, VT 05439 (802) 654-3000 www.smcvt.edu	*	WISCONSIN Beloit College Nancy Benedict VP of Enrollment Services 700 Colege Street Beloit, WI 53511 (608) 363-2500	
OHIO BGSU Firelands Debralee Divers Director of Enrollment One University Drive Huron, OH 44839 (419) 433-5560 www.firelands.bgsu.edu	* √	Lafayette College Carol Rowlands Director of Admissions 118 Markle Hall Easton, PA 18042 (610) 330-5100 www.lafayette.edu	√	VIRGINIA James Madison University Michael Walsh Director of Admissions MSC 0101 481 Bluestone Drive Harrisonburg, VA 22807 (540) 568-5681 www.jmu.edu	*	Lawrence University Steven Syverson VP for Enrollment 711 East Boldt Way Appleton, WI 54912 (920) 832-6500 www.lawrence.edu	

APPLYING FOR COLLEGE?

YFU Asks the Experts How to Position Your Exchange for Maximum Impact

Your exchange experience changed your life, whether you went abroad or brought the world to you by hosting. If you are like most YFU participants, you grew as a person, gained a better understanding of yourself, learned a new language, and discovered a new culture. Colleges, universities, and graduate programs are eager to attract exchange alumni. To help YFU alumni get the most mileage from their exchange experience, YFU asked the advice of Kristen Schliker, Associate Director of Admissions at American University in Washington, DC, and Jill Stoffers, Director of Admissions at the Monterey Institute of International Studies (MIIS), a graduate school in California.

What is the value of a YFU exchange for a college applicant?

JILL STOFFERS: As a graduate school that prepares bilingual professionals for international careers, The Monterey Institute of International Studies have alumni who work as international practitioners who can trace the origin of their career interests to their YFU experiences. YFU literally becomes a defining moment in their lives. When we see a student has studied abroad with YFU, they are given special consideration when we award merit scholarships.

KRISTEN SCHLIKER: Any academic experience abroad is seen as an experience that strengthens the student's academic abilities. American University looks for the ways in which a student was able to expand their academic experience while abroad, whether that is by taking a different level of classes, different programs, or classes in another language. In addition, experiences that take students out of their comfort zone, allow them to gain leadership experience, and open their mind to other parts of the world and cultures are valuable, both to the students and to the college they ultimately attend.

How can applicants best position their exchange experience in their application?

JILL STOFFERS: Place the YFU experience within an overall narrative about yourself. If YFU was the starting point for an interest in international affairs – articulate that in your application essay. Then, explain how that experience is likely to define what you study in college and how it may help you achieve your longer-term career goals.

KATHERINE SCHLIKER: Applicants should be sure to highlight their abroad experience in at least one part of their application. A lot of students choose to highlight it in their essay, and that can be effective if it is done well. However, students should also be sure to list their experiences abroad in their resume/activity sheet. A letter from a school counselor can also be helpful to the colleges because it can reinforce the value of the experience abroad from a more official standpoint.

Are there any negatives to the exchange experience? What if a student scored lower on the SAT or couldn't take a required course while overseas?

KRISTEN SCHLIKER: If students are concerned about any negative effects on their academic record, they should be sure to include an explanation in their application clearly articulating why they were not able to take any required courses, or why their grades were impacted in any way. This is not to say that students with abroad experience are not expected to have competitive academic records, but explanations can be helpful as admission officers look at the application as a whole. In short, admissions officers look at everything, and abroad experience is certainly valued, but they have high expectations for all applicants.

What advice can you offer on writing that all-important essay?

JILL STOFFERS: It is important to place all of your international experiences – YFU, your undergraduate study, your foreign language development, internships, etc – into a cohesive narrative that explains your future 1, 3 and 5 year career plans. YFU might be one line in a narrative that describes many more international-focused experiences. There is a past, present and future component to the application essay and we should be able to clearly acquire a sense for your future aspirations from it.

KRISTEN SCHLIKER: As the number of students with high school abroad experience grows, so too does the number of essays highlighting abroad experience. Some of these essays can start to sound similar so be sure that your essay is very personal to you and your experience, it shouldn't be something that any other student could write. If it is a well-written account of a personal experience that shaped you in some way, it will most likely place both you and your experience in a positive light.

TOP TIPS FOR THE COLLEGE-BOUND

Focus on the Essay: Grades and test scores only get you in the door of the admissions office. It is your essay that distinguishes you. Don't short-change yourself!

Reveal Thyself: Admissions counselors are not telepathic—what they know about you is limited to what you tell them. Help them discover you by sharing your story, your ideas and your feelings as openly and directly as you can.

Avoid the Cliché: The exchange experience is a deep one—don't discount it by falling back on a quick and easy cliché to describe its impact. Avoid this pitfall by thinking long and hard about what your exchange really meant to you. Then dig into specific anecdotes and experiences to illustrate what you learned and discovered.

Bypass the Tourist Trap: Anyone with a passport and a credit card can tour the world's famous sights. It's a great experience, but what you have done goes way beyond the tourist experience. Turn your focus to the people, the culture, the daily experiences that only someone who has lived in another country can describe.

Look Homeward: Sometimes you have to go away to see your home clearly. It may be that the most profound discoveries from your exchange were about your own family, your community, your country. Feel free to share what you have learned and how you have changed.