



YOUTH FOR UNDERSTANDING Intercultural Exchange Programs

SPORTS & OUTDOOR PROGRAMS

YFU USA offers high school students the opportunity to combine a traditional academic exchange experience with a sports or nature program to these three exciting countries. Sharpen your skills and explore interests while immersing yourself in another country's culture, language, family and school life. Apply early. Programs fill up fast!

SERBIA: TENNIS

Serbia has a record of excellent tennis players, and American students wishing to continue their tennis at a high level are encouraged to apply for the tennis program! Students on the tennis program will attend a local Serbian high school and also take classes at Crvena Zvezda, one of the two best tennis clubs in Belgrade.

LITHUANIA: BASKETBALL

The most popular sport in the country, basketball, has put Lithuania on the map. With this unique YFU program, you will be enrolled in a specialized basketball high school and will train and play competitive team basketball three to five times a week.

ESTONIA: NATURE

Learn about the environment in this beautiful Baltic country. Along with traditional academics, you will take numerous trips throughout the region to learn about the environmental issues it face. This program is perfect for adventurous nature lovers and may include trips to national parks, camping, skiing, ice-fishing, canoeing, and bird watching.

HUNGARY: GENERAL ATHLETICS

The sports program in Hungary allows students to continue practicing a high-level sport or to begin a new sport in an intensive atmosphere. The most common sports practiced in Hungary are horseback riding, water polo, dance, and soccer, but if a student wishes to gain experience in a different sport that is definitely a possibility.

ALL PROGRAMS INCLUDE

- Round-trip domestic and international travel
- Placement with a carefully selected host family
- Enrollment in high school
- Preparatory materials
- 24-hour student support
- Regional orientation for participants and parents

APPLICATION DEADLINE

March 15

For additional details and requirements or information on other YFU programs, please visit us on the web at yfuusa.org, email info@yfu.org or call **1.800.TEENAGE**.

Youth For Understanding USA, consistent with its commitment to international understanding, does not discriminate in making its admissions and placement decisions on the basis of race, color, national origin, sexual orientation, religion or gender. Students with disabilities are strongly encouraged to apply, and will be accommodated to the best of our ability. YFU USA is an IRS 501(c)3 nonprofit organization. Only U.S. Citizens and permanent residents may apply. Year/Summer program applicants will be notified of their status by May. Winter program applicants will be notified in November. All programs, scholarships and prices are subject to change or cancellation without prior notice. © 2017, Youth For Understanding USA. All rights reserved.



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