



## ACTIVITY:

Introduce the session by asking how many of them think their YFU experience will benefit them when making their future plans. (career, college, etc.)

- Ask for examples.
- Specifically ask for ideas of how they can use written reports, the internet, letters, websites and other methods to utilize their exchange AND share their YFU experiences with others.
- Ask them to also discuss how this will benefit others as well as themselves.

### Info for Facilitator

- Bullets represent talking points or instructions.
- ✓ Checkmarks represent key points or take aways.

Other ideas they may have:

- Make a photo album and share stories
- Create a scrapbook of little things that jog their memory
- Have people sign an autograph book to bring home (or have them write notes on pages of a picture book from your exchange country)
- Is it worthwhile to keep a journal while you are on exchange? What can you do with it?

### Examples May Include

Biography letter when applying to college

Report to high school newspaper, etc.

Let them give the ideas.

If they haven't mentioned them, suggest that they can do school presentations to their own or other schools or specific classes when they return. They can often get community service credit for doing YFU related work and it looks good on their resume or on a college application.

Give examples of how they can become involved with alumni when they return.

- Plan events
- Peer Support
- Work at Orientations

Close by telling them that YFU offers them more than just their experience overseas. The experience carries over for their entire lives.