

LOOP: Learning Outcomes for YFU Orientation Programs

As an educational organization, YFU emphasizes orientation programs for all participants, so that they may reach an optimal level of educational benefits, both for their own growth and as a contribution to international and intercultural understanding, cooperation, and respect for diversity and peace from their program participation. Orientation in this sense is an ongoing process that begins before the student's departure for their host country and continues throughout and beyond their exchange experience.

	STUDENT PRE-DEPARTURE	HOST FAMILY PRE-ARRIVAL
Culture <i>Defining and understanding the concept of culture.</i>	Students will: <ol style="list-style-type: none"> Understand the concept of culture in terms of objects, behaviors & values Be aware of the influence of culture on people Understand in which aspects cultures may differ (communication patterns, personal distance, individualism vs. collectivism, etc.) Be aware that they are part of different cultural circles ranging from larger (e.g. national) to smaller (personal) level Understand that cultural references are relative Be aware that understanding cultural characteristics requires knowledge of the cultural context (e.g. History, values, safety issues, religion etc.) Be familiar with one cultural framework (e.g. Hall's culture model/ Hofstede's dimensions, etc.) that will help them to recognize the differences and compare cultures 	Host families will: <ol style="list-style-type: none"> Understand the concept of culture in terms of object, behaviors, values. Be able to recognize the existence of different types of culture (national, community, family, age, etc.). Understand that students are a product of their culture. Understand that a student from a different country can be at a stage of development that is different from what is typical in host culture for a teenager the same age. Be aware that understanding cultural characteristics requires knowledge of the cultural context (e.g. History, values, safety issues, religion etc.). Be aware that they have expectations and that those are culturally influenced.
My Culture <i>Understanding my culture and how that culture encompasses and influences lifestyles, behaviors, values and worldviews.</i>	Students will: <ol style="list-style-type: none"> Be aware of their own cultural background (values, behaviors, objects that are part of it). Be aware that they have expectations and those are culturally influenced. Be aware of the way they might be perceived by others / prejudice and stereotypes. Understand their motivation(s) for going on exchange. To consider: Defining cultural background Be aware of one's Cultural Identity	Host families will: <ol style="list-style-type: none"> Be aware of their own cultural background (values, behaviors, objects/artefacts). Be aware what their own family culture is (e.g. implicit, unwritten rules). Understand how their own culture influences their expectations about a student and hosting experience and how it might be in conflict with the YFU program objectives.
The Other Culture <i>Understanding a different culture and how that culture encompasses and influences lifestyles, behaviors, values and worldviews.</i>	Students will: <ol style="list-style-type: none"> Understand their expectations of living in the other culture. Understand their own stereotypes of the culture they are going to. Be curious in term of the other culture and be able to ask questions about it. Be aware that they will have to take on challenges (be comfortable about the exchange experience not always being comfortable). Understand how to explore differences between cultures. 	Host families will: <ol style="list-style-type: none"> Be aware of the differences between cultures. Be aware of their own expectations in wanting to host a student from a particular country. Be aware of the areas of culture that will most likely be different. Understand elements of the everyday life behaviours in the student's national culture.
Adaptation <i>Developing the necessary abilities and tools to reconcile the differences between two cultures.</i>	Students will: <ol style="list-style-type: none"> Be able to uncover one's own expectations and fears. (The first step to adaptation is realizing the need to adapt.) Be able to recognize culture shock. Understand that differences cannot be judged in terms of right or wrong. It's just different. Be aware of his/her limits to adaptation. 	Host families will: <ol style="list-style-type: none"> Know how hosting will impact their family relations, routines and daily life. Know how to overcome communication challenges. Understand that adaptation occurs with both parties: host family and the student.

	<ol style="list-style-type: none"> 5. Understand that social media and the internet present both good opportunities and challenges to having a good exchange year. 6. Understand the challenges of intercultural communication in terms of: <ul style="list-style-type: none"> • language. • different communication styles. • different cultural perspectives. 	<ol style="list-style-type: none"> 4. Understand that both negotiating and compromising is necessary for a successful exchange experience.
YFU General	<p>Students will:</p> <ol style="list-style-type: none"> 1. Be aware of the history and structure of YFU as an educational organization and its educational aims 2. Understand the expectations YFU has for them as exchange students 	<p>Host Families will:</p> <ol style="list-style-type: none"> 1. Be aware of the history and structure of YFU as an educational exchange organisation 2. Understand the educational aims of YFU 3. Understand the expectations YFU has of exchange students 4. Understand the expectations YFU has of them as host families
YFU Support “ Communication and Support Structure in YFU”	<p>Students will:</p> <ol style="list-style-type: none"> 1. Understand that there is a structure to support them in every YFU country 2. Understand who and how they should contact when needed 	<p>Host Families will:</p> <ol style="list-style-type: none"> 1. Understand how to access the communication channels to their AR, Field staff and national office 2. Understand the YFU support system for them and their exchange student 3. Understand what to do in case of emergencies –emergency phone, emergency procedures for natural disasters and other emergencies
Student Safety and Well Being	<p>Students will:</p> <ol style="list-style-type: none"> 1. Understand the nature of harassment, abuse or bullying 2. Be aware of procedures to be followed to ensure the safe use of social media, internet chat rooms and use of text messages on mobile phones 3. Be able to identify challenges that could affect their safety and well being 	<p>Host Families will:</p> <ol style="list-style-type: none"> 1. Understand YFU guidelines for student’s safe use of social media, internet and cell phones 2. Understand the nature of sexual harassment, physical abuse and bullying including cyber bullying 3. Understand YFU procedures and their responsibilities where students disclose incidents of sexual harassment ,abuse or bullying 4. Be aware of YFU’s legal responsibilities to notify authorities of such incidents (where required by law)
YFU Rules	<p>Students will:</p> <ol style="list-style-type: none"> 1. Know the YFU student policies, particularly related to communication with home country and the need to obey local laws in the host country 	<p>Host Families will:</p> <ol style="list-style-type: none"> 1. Be aware of the YFU rules and student policies particularly related to student travel, communication with and visits from natural parents and friends, dangerous activities use of alcohol, drugs and smoking
YFU Admin	<p>Student will:</p> <ol style="list-style-type: none"> 1. Know how to make a claim on their insurance if needed 2. Be aware of how to manage money while on exchange 3. Be aware of arrangements for travel to and from their host country 	<p>Host Families will;</p> <ol style="list-style-type: none"> 1. Be aware of school enrolment procedures and their role in assisting with student enrolment 2. Be aware of their role in making the student welcome, how to explain host family “unwritten “ rules and how to communicate with students at the beginning of exchange

YFU Community

Host Families will:

1. Be aware of local volunteers, national office staff and other alumni who can assist them and their student