

Orientation	Pre-Departure
Session Overview	To help give future students ideas of how to use their experiences overseas to help them with school, getting into college, getting a job, credit for community service, or doing something extra with their exchange.
Participants	<input checked="" type="checkbox"/> Students <input type="checkbox"/> Host Parents <input type="checkbox"/> Natural Parents <input type="checkbox"/> Host Siblings
Format	<input type="checkbox"/> Highly Active / Interactive <input type="checkbox"/> Discussion <input checked="" type="checkbox"/> Some Activity / Interactivity <input type="checkbox"/> Independent
Duration	30 minutes
Group Size	8-16
Minimum Staffing	1 facilitator
Materials Needed	Examples of projects from alumni, flipchart
Preparation	Read through all of the material and make sure you are comfortable discussing it; make notecards or highlight suggested questions to ask students in group discussions.
LOOP standards achieved	<p>Culture:</p> <p>Students will:</p> <ol style="list-style-type: none"> <li>1. Be aware of the influence of culture on people</li> <li>2. Understand in which aspects cultures may differ (communication patterns, personal distance, individualism vs. collectivism, etc.)</li> </ol> <p>My Culture:</p> <ol style="list-style-type: none"> <li>1. Understand their motivation(s) for going on exchange.</li> </ol> <p>YFU General:</p> <p>Understand the expectations YFU has for them as exchange students.</p>

## ACTIVITY:

Introduce the session by asking how many of them think their YFU experience will benefit them when making their future plans. (career, college, etc.)

- Ask for examples.
- Specifically ask for ideas of how they can use written reports, the internet, letters, websites and other methods to utilize their exchange AND share their YFU experiences with others.
- Ask them to also discuss how this will benefit others as well as themselves.

### Info for Facilitator

- Bullets represent talking points or instructions.
- ✓ Checkmarks represent key points or take aways.

Other ideas they may have:

- Make a photo album and share stories
- Create a scrapbook of little things that jog their memory
- Have people sign an autograph book to bring home (or have them write notes on pages of a picture book from your exchange country)
- Is it worthwhile to keep a journal while you are on exchange? What can you do with it?

### Examples May Include

Biography letter when applying to college

Report to high school newspaper, etc.

Let them give the ideas.

If they haven't mentioned them, suggest that they can do school presentations to their own or other schools or specific classes when they return. They can often get community service credit for doing YFU related work and it looks good on their resume or on a college application.

Give examples of how they can become involved with alumni when they return.

- Plan events
- Peer Support
- Work at Orientations

Close by telling them that YFU offers them more than just their experience overseas. The experience carries over for their entire lives.