

ACTIVITY: Letter Writing (20 minutes)

1. In order to get the most out of this experience ask the students to take a few minutes to think about the questions on the flip chart.

Do not have them share their answers.

Flip Chart Questions:

- Why have you decided to become an exchange student?
 - What do you hope to accomplish?
2. Now that they have had some time to reflect on these things, ask them to write a letter to themselves, answering the two questions honestly. Explain that this letter is private. No one else will read it unless they choose to share it.
 3. After they have written the letter, they should seal it in the provided envelope and address it to themselves at their US address.

In the upper left hand corner of the envelope, write "S" for summer, "SEM" for Semester and "Y" for year students.

WRAP UP (5 minutes)

- Explain that the YFU office will mail the letter after they return from their exchange.
- ✓ Tell the students that reading this letter when they return will help them see how they have grown and changed from being an exchange student.